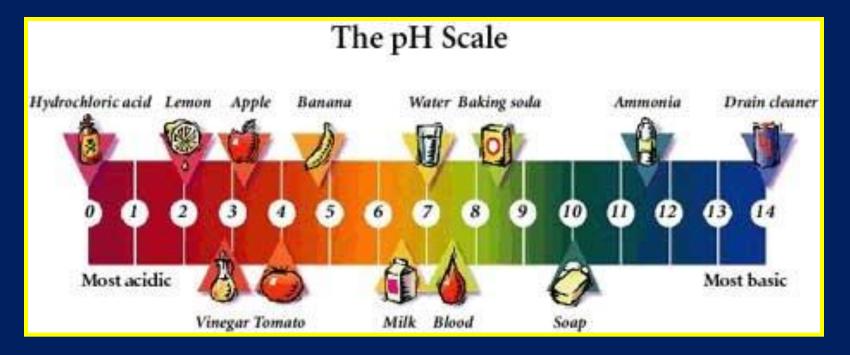


Acids in our stomach help us digest food. Why doesn't that same acid dissolve our cells?

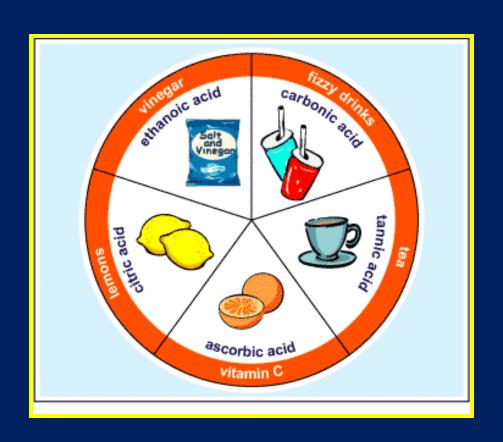


pH is a measurement of how much hydrogen ions a substance releases when dissolved in water



pH is measured on a scale from 0 - 14

Acids release hydrogen ions (H+) when placed in water and have a pH below 7



Acids in food give them a sour taste

Stomach acid is mostly made up of HCL with a pH of 3

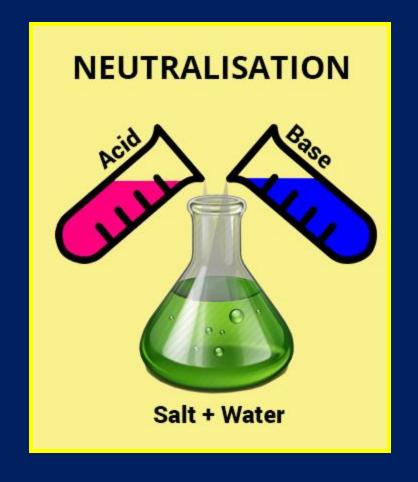
Bases release OH⁻ ions when placed in water and have a pH above 7



Bases taste bitter and are often slippery to the touch

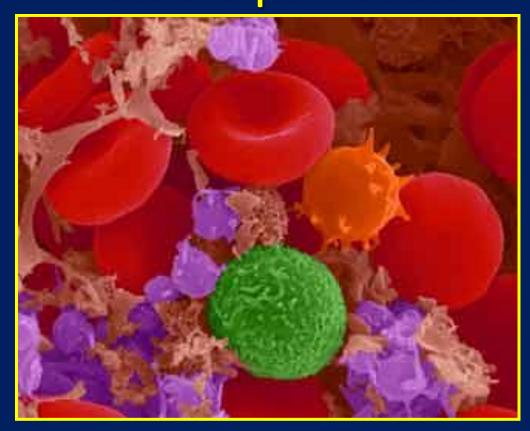
Our intestines contain a strong base called NaOH with a pH of 14

When an acid and a base are added together, the H⁺ ions combine with the OH⁻ ions to form H₂O and salt, in a process called neutralization.



 $HCI + NaOH \rightarrow H_2O + NaCI$

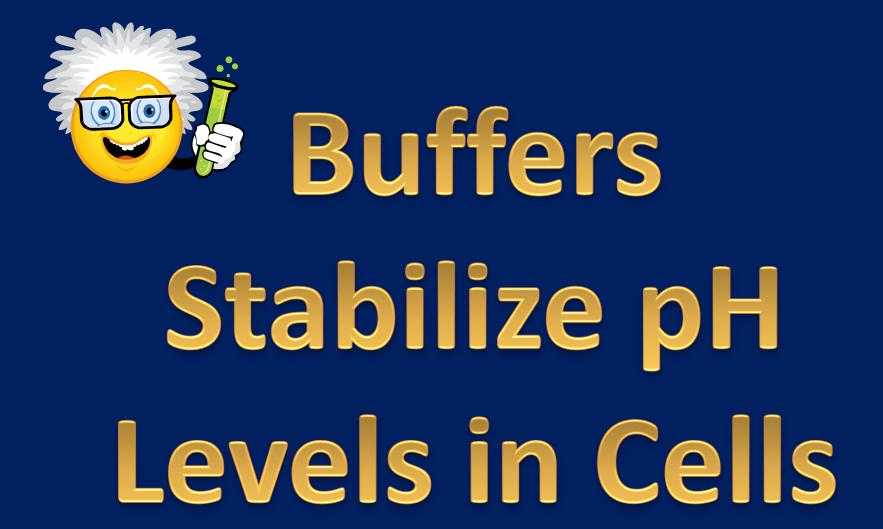
Cells contain buffers which are chemicals that help neutralize acids or bases so that the cells can maintain stable pH levels



Homeostasis is maintaining a stable internal environment



Cells need to maintain a stable pH



The End